

2-5-89

Today I shall start something in which I would never do. Translate what my heart feels inside. May Allah be with me as I speak through my joys and my troubles. May I be allowed to speak the truth and bare all for Allah sake.

To begin with my heart is troubled of the loss of my daughter. There's nothing that can console my pain right now. What I want I cannot have and that is to be with my Sheikh. I love you my Sheikh I just wish that I could be there with you to let you know. I cry so much to be in your presence and I know because of the person that I am, I cannot. Sometimes I don't even want to exist. I feel as though I cause harm to people or they make it

appear that way, just
don't want me around.
My dreams are frightening
now. they just started
recently like that. one
was I was laying in bed
in my grandmother's room
but through my dream I
knew I wasn't suppose to
be there. had brown blanket
that I use now on me it
was the blanket covering
me. when I looked up it
was as though I was two
places at one time here
home and at my grandmother
when I noticed the blanket
and said this can't be my
grandmother's as I went
to turn away this thing
very frightening jumped at
me it didn't get me it
just seemed to be there
to frighten me. and it
did. it looked like a big
rat with long fangs for teeth
and claws but was ugly
when it jumped for me it
disappeared before that

I looked at it & screamed
it woke me up. but wasn't
scared when I woke up just
puzzled. (before reading I
thought of my family and the
tragedies that happened to
some and the ~~terminal~~
illness that the other's died
from. remember focusing on the
house that my Aunt lived in
and the way it was it always
scared me. after that had
terrible dream. Last night
had dream of my uncle in
grandmother's house he's dead
can't remember if some dream
but remember being chained
to bed. something trying to
hold me down was on stomach
was reaching for my husband
asking him to help me. couldn't
hear me & kept asking him to
help me. after awhile him
got on top of me when I
told him what was happening
he then got on me. force ~~was~~
went away. to my surprise
when I woke up my husband
was acting different. separated

from me. I know why
Kay stayed night, but
had no contact with him.
only what was told to do.
husband must have found
something wrong.